

WESTERTON CARE HOME

RESIDENTIAL | NURSING | DEMENTIA | RESPITE CARE



INTRODUCTION

Message From Our Manager

Welcome to the latest edition of the Westerton Care Home newsletter.

It has been another busy few months, with residents enjoying a lovely mix of activities, entertainment and days out. From welcoming a very talented circus performer to watching our caterpillars transform into butterflies, there have been plenty of different experiences to enjoy.

We have also been making the most of the summer with gardening, music, supporting Scotland in the World Cup and a fantastic trip to Blair Drummond Safari Park.

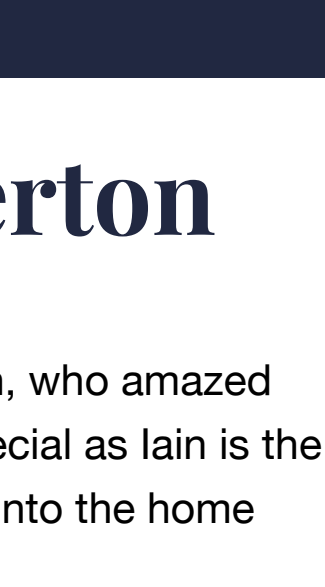
As always, thank you to our staff, families, friends and members of the local community for your continued support. We hope you enjoy catching up on some of our recent news.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

Heather
Heather Lundie
Home Manager



ACTIVITIES & EVENTS

The Circus Comes to Westerton

We recently welcomed circus performer Iain McDonald to Westerton, who amazed residents with his fantastic show. The visit was made even more special as Iain is the grandson of one of our residents. It was wonderful to welcome him into the home and see everyone enjoying his performance.

There were plenty of smiles and amazed faces throughout the show. A big thank you to Iain for taking the time to entertain us and for giving his grandparent and all our residents such an enjoyable afternoon.

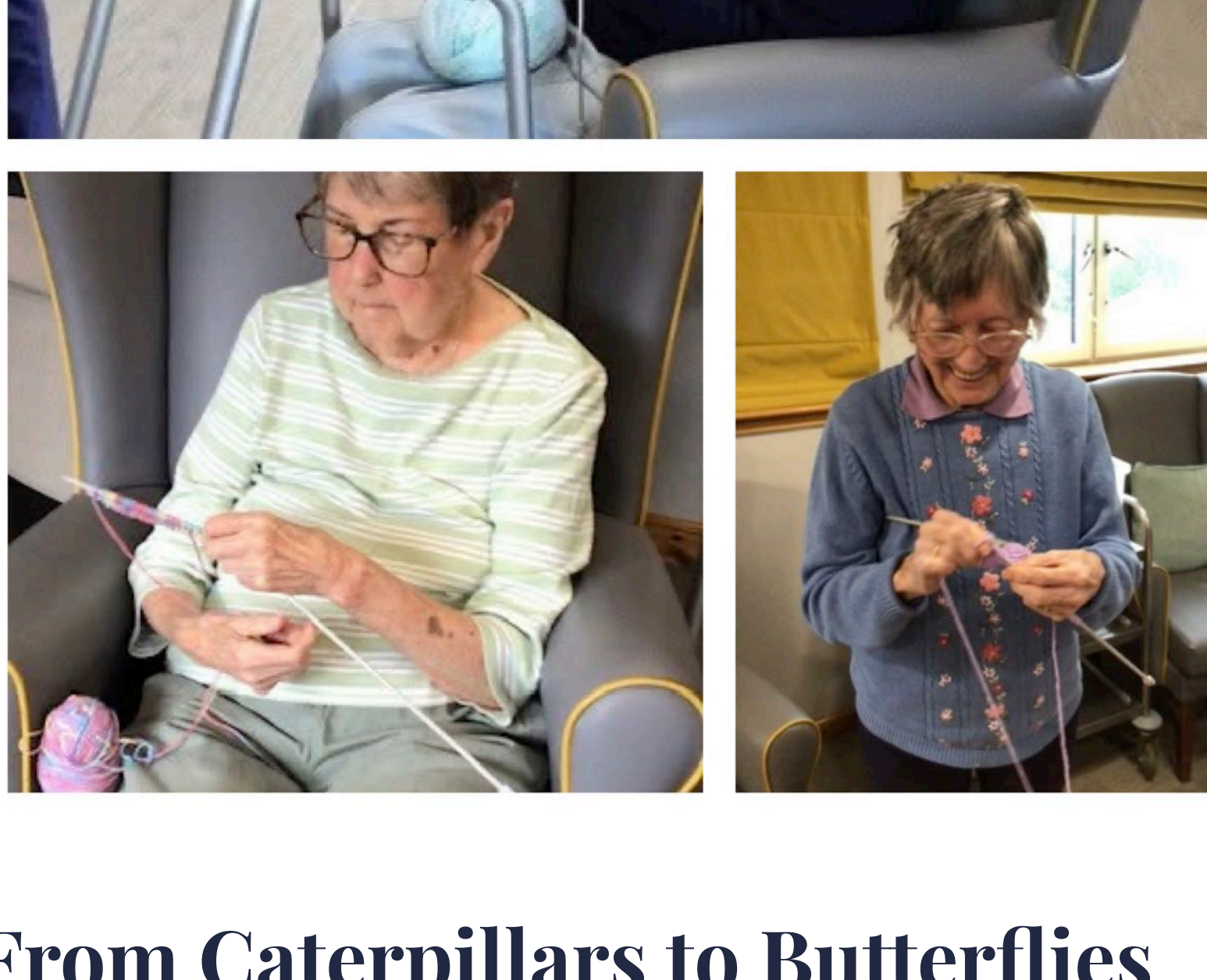


Knitting Club

Our Knitting Club continues to be a popular activity, with members enjoying the chance to work on their latest projects while having a good chat together.

We were delighted to recently receive a generous donation of wool from members of our local community. Needless to say, our knitters were very pleased to see it arrive and are already putting it to good use.

Thank you very much to everyone who donated. Your generosity is greatly appreciated by our residents and will keep those knitting needles busy!

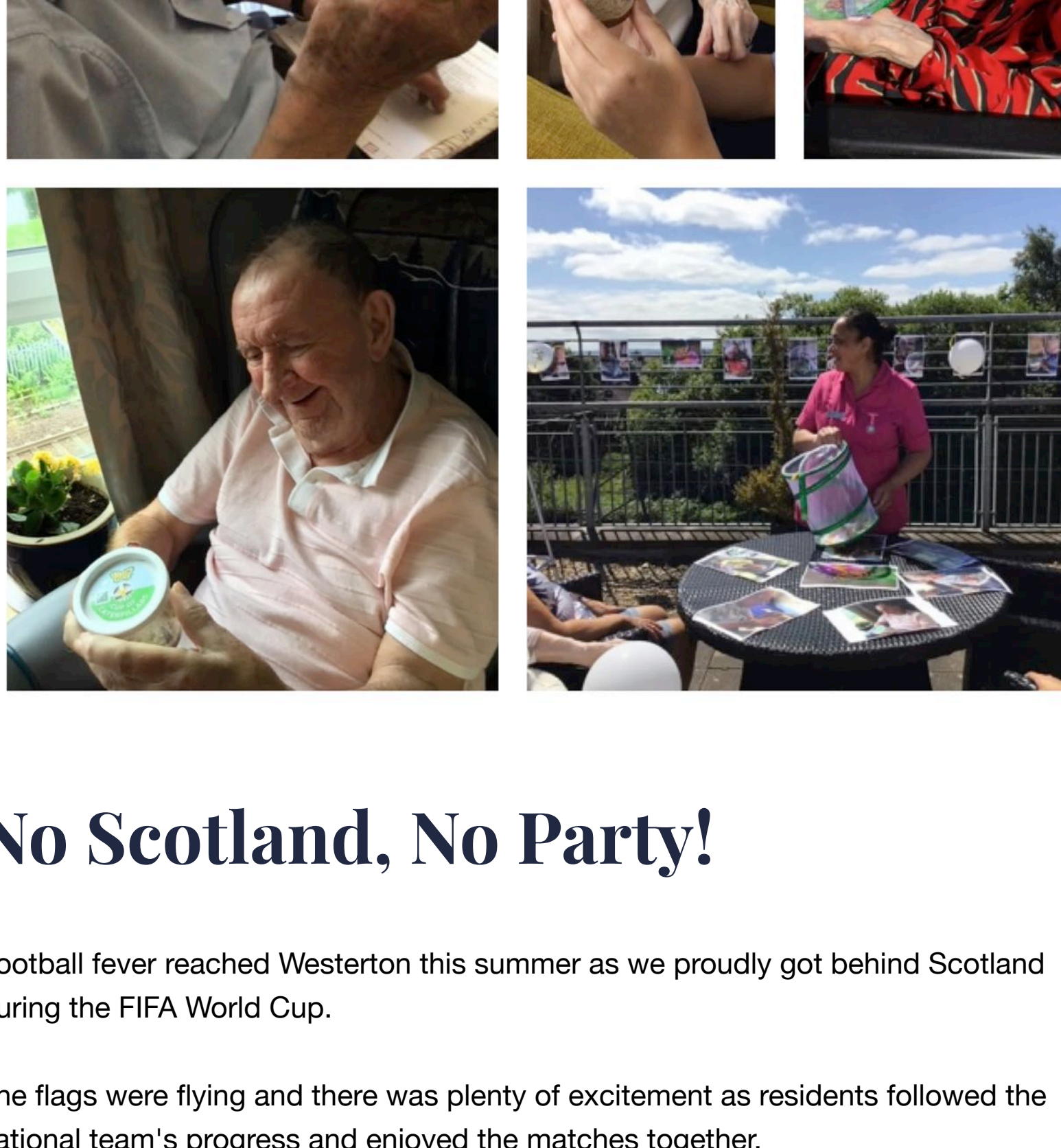


From Caterpillars to Butterflies

We have had a fascinating few weeks at Westerton as residents had the opportunity to nurture our very own caterpillars and watch their transformation.

Everyone enjoyed checking on their progress and seeing the changes as the caterpillars grew and eventually became beautiful butterflies.

Once they were ready, we held a little celebration before heading outdoors to release the butterflies back into nature. It was lovely to see the whole process from beginning to end and made for a very special afternoon.



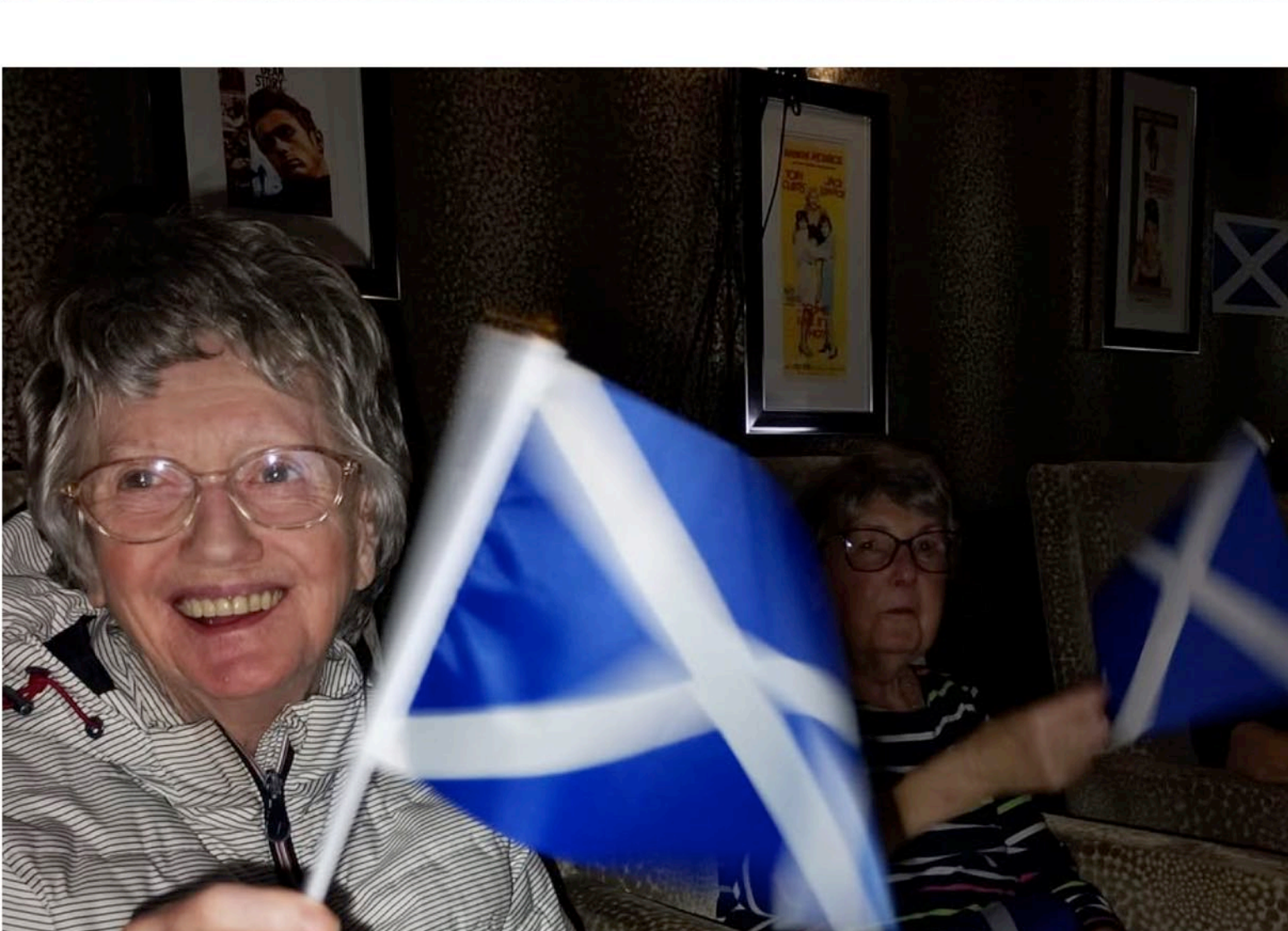
No Scotland, No Party!

Football fever reached Westerton this summer as we proudly got behind Scotland during the FIFA World Cup.

The flags were flying and there was plenty of excitement as residents followed the national team's progress and enjoyed the matches together.

The results may not always have been what we hoped for, but that certainly didn't stop us supporting Scotland and enjoying the atmosphere.

No Scotland, No Party!



Music Time at Westerton

Music continues to play an important part in our activities at Westerton, and we recently enjoyed a great day of singing and playing instruments around the home.

Residents joined in with familiar songs, played along with different instruments and enjoyed simply listening to the music together.

Music can be a wonderful way to bring back memories, encourage conversation and support wellbeing, but most importantly, it is something our residents really enjoy.

There were plenty of smiles and lots of singing throughout the day.



Westerton Wildflowers

Our Gardening Club, the Westerton Wildflowers, have been keeping busy and making sure our garden is looking its best.

The group recently headed out to the garden centre, where residents enjoyed choosing a selection of flowers and herbs to bring back to Westerton. There was plenty of discussion about what would work well in the garden before everyone made their final choices.

Back at the home, the Westerton Wildflowers got to work planting our new additions. It has been lovely to see the garden developing and for residents to be involved in choosing, planting and caring for the flowers themselves.

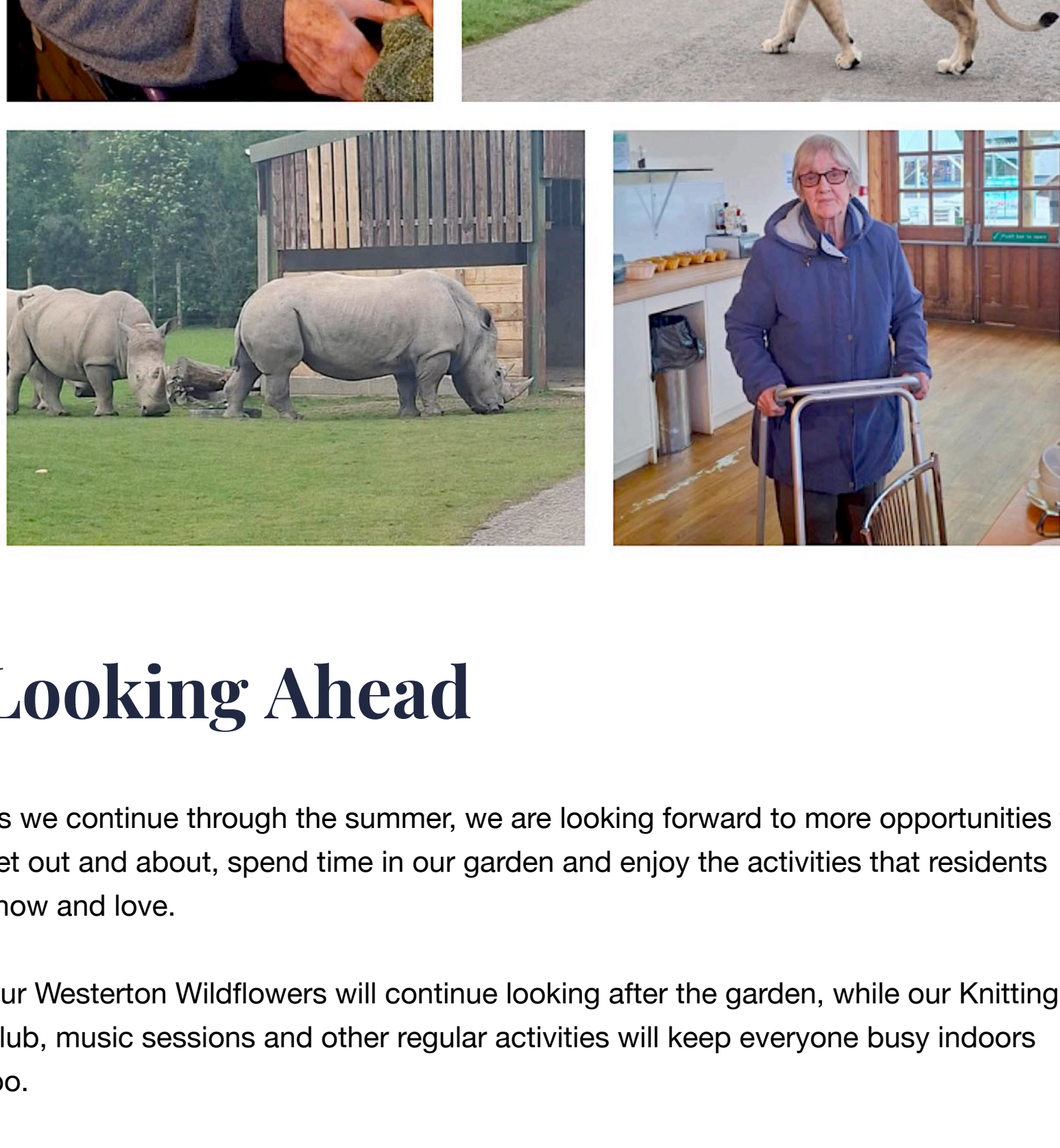


Blair Drummond Safari Park

Residents and staff enjoyed a fantastic day out at Blair Drummond Safari Park, helped along by some lovely summer weather.

There was plenty to see as we made our way around the park, with residents enjoying spotting the different animals and taking in the surroundings.

We also enjoyed a picnic together, making the most of the good weather and the opportunity to spend the day outdoors. It was a great change of scenery and a thoroughly enjoyable outing for everyone who came along.



Looking Ahead

As we continue through the summer, we are looking forward to more opportunities to get out and about, spend time in our garden and enjoy the activities that residents know and love.

Our Westerton Wildflowers will continue looking after the garden, while our Knitting Club, music sessions and other regular activities will keep everyone busy indoors too.

We will also continue planning outings and welcoming visitors and entertainers into the home.

Thank you for your continued support of Westerton Care Home. We look forward to sharing more of our news with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Westerton Care Home Facebook Page for all our latest photos!

Don't Forget To 'Like' Us!

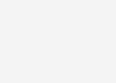
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[Carehome.co.uk](#) & [Google Reviews](#)

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