

WESTERTON CARE HOME

RESIDENTIAL | NURSING | DEMENTIA | RESPITE CARE



INTRODUCTION

Message From Our Manager

Welcome to our latest quarterly newsletter from everyone here at Westerton Care Home. As always, the past few months have been filled with lovely moments shared between residents, families and staff. From creative afternoons and singalongs to quiet moments of care and companionship, it is the everyday activities that continue to make our home feel warm and welcoming.

We are proud of the caring environment our team creates each day and grateful for the support of relatives and visitors who continue to play such an important part in life at Westerton.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

Heather

Heather Lundie
Home Manager



ACTIVITIES, NEWS & EVENTS

Creative Arts & Crafts Afternoons

Our arts and crafts afternoons continue to be a favourite activity for many residents. Whether painting, colouring or simply enjoying time together around the table, these sessions provide a relaxed and enjoyable way for everyone to express themselves creatively.



Visits from Luna

We always look forward to Luna's visits to the home. Pet therapy brings so much comfort and happiness to our residents, and Luna never fails to brighten everyone's day.

There is something very special about the calm companionship animals provide. Residents enjoy spending time with Luna, chatting about past pets and sharing stories and memories.



Pamper Sessions

Residents recently enjoyed a relaxing morning of hand massages and manicures, giving everyone the chance to enjoy a little pampering and self-care.

These quieter sessions are always appreciated and offer time for conversation, relaxation and one-to-one interaction. Residents enjoyed choosing nail colours, chatting with staff and simply taking some time to feel refreshed.



Singalongs that Brighten Our Days

Music continues to play an important part in life at Westerton, and our regular singalongs always bring plenty of energy and smiles to the home. From well-known classics to favourite songs from years gone by, residents enjoy singing together and reminiscing through music.



WE APPRECIATE YOU

Celebrating Nurses Appreciation Day

We were delighted to celebrate Nurses Appreciation Day by recognising the hard work, kindness and dedication of our nursing team.

As a small token of thanks, our nurses received a gift to show our appreciation for everything they do for residents each day. Their compassion, professionalism and support are greatly valued by residents, relatives and colleagues alike, and we are thankful for the care they provide throughout the year.



EXTERNAL LINKS

Social Media

Make sure to check out the Westerton Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)

WESTERTON
CARE HOME

Created by [ChitChat Marketing Limited](#)



[View email in browser](#)

You are receiving this email as it is the quickest and most efficient way we can keep you updated with our news and communications as a contact of our home. We hope you find our newsletters interesting and informative. We use ChitChat Marketing as our marketing partner (<https://www.chitchatmarketing.co.uk/chitchat-gdpr-data-processing-agreement>) and Mailchimp as our marketing platform (<https://mailchimp.com/legal/>) and as such your information is transferred to them for processing. All information is treated professionally and with respect. You can of course unsubscribe at any time by clicking the 'unsubscribe from this list' link at the bottom of each email.

[update your preferences](#) or [unsubscribe](#)