

A WARM WELCOME TO OUR AUTUMN 2024

Quarterly Newsletter



**WESTERTON
CARE HOME**

Manager's Introduction

As the crisp autumnal weather takes hold, we are greeted by chilly mornings and cooler temperatures. Thankfully this season brings not only a change in climate but also a wealth of exciting and festive events that are eagerly anticipated by us all.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

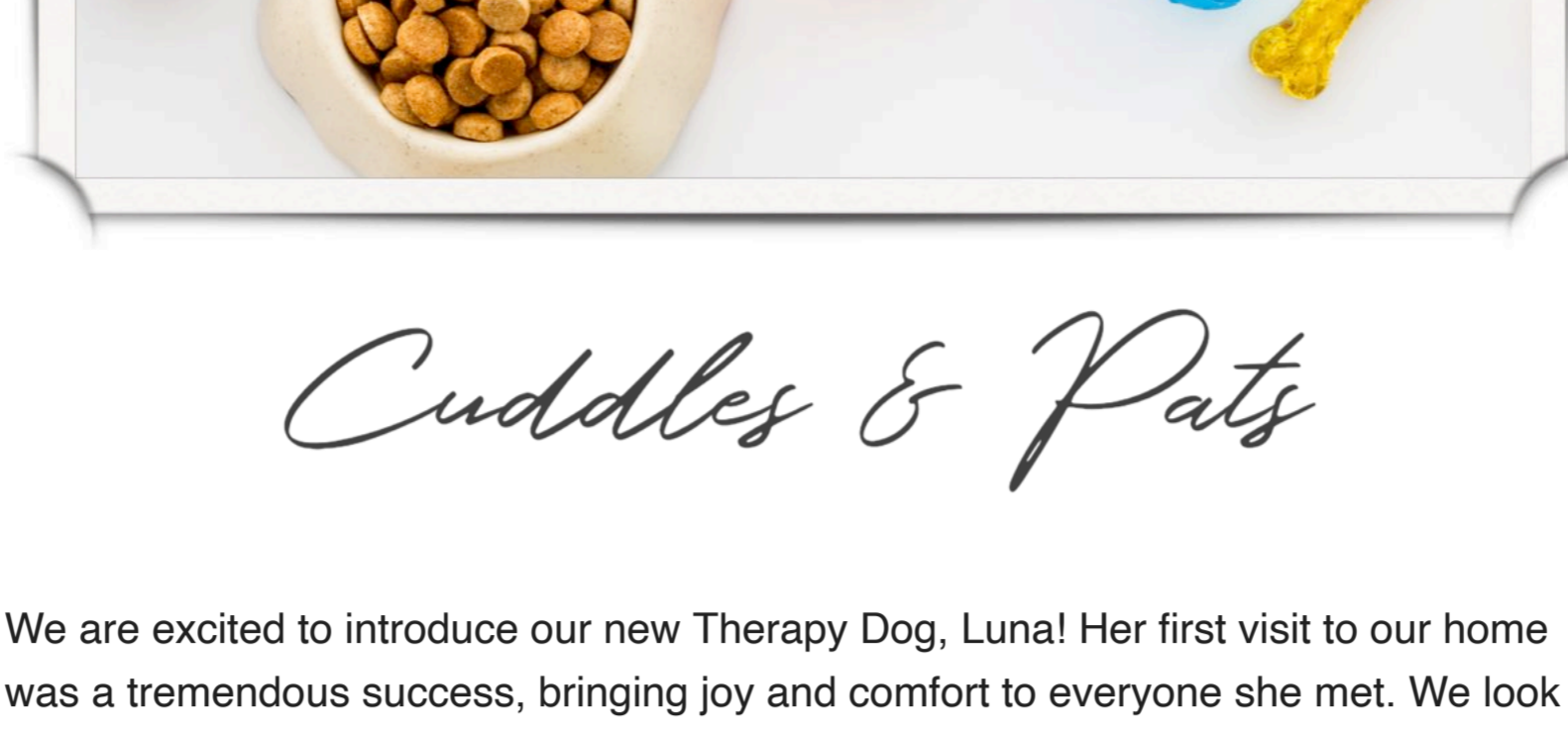
Best wishes,

Heather

Heather Lundie
Home Manager



Therapy Pet



Cuddles & Pats

We are excited to introduce our new Therapy Dog, Luna! Her first visit to our home was a tremendous success, bringing joy and comfort to everyone she met. We look forward to welcoming Luna back soon, so please keep an eye out for signs around the home that will announce her next visit.



Intergenerational Visits



Kids At Heart

We had the pleasure of hosting the 7th Bearsden Brownies, who joined us for a delightful afternoon of creativity. Together, we decorated pebbles, which have added colourful touches to our garden. This collaboration not only brightened up our outdoor space but also fostered wonderful connections between generations.



Halloween Celebrations



Spooky Celebrations

Halloween was a spooktacular event this year! We held a fun pumpkin decorating competition between the different units in our home. A big congratulations to Tیره, the winning unit, for their impressive and creative pumpkin design. The festive spirit was felt throughout the home as everyone shared in the Halloween fun.



Blair Drummond Safari Park



Out & About

Throughout October, we enjoyed weekly excursions to Blair Drummond Safari Park. The residents delighted in observing the various animals, making for memorable experiences filled with laughter and excitement. These outings not only provided enjoyment but also a wonderful opportunity to connect with nature and the outdoors.



Care Home Relatives and Carers Forum



Community Project

Care Home Relatives and Carers Forum
Hosted by Carers Link and the Care Home Support Team

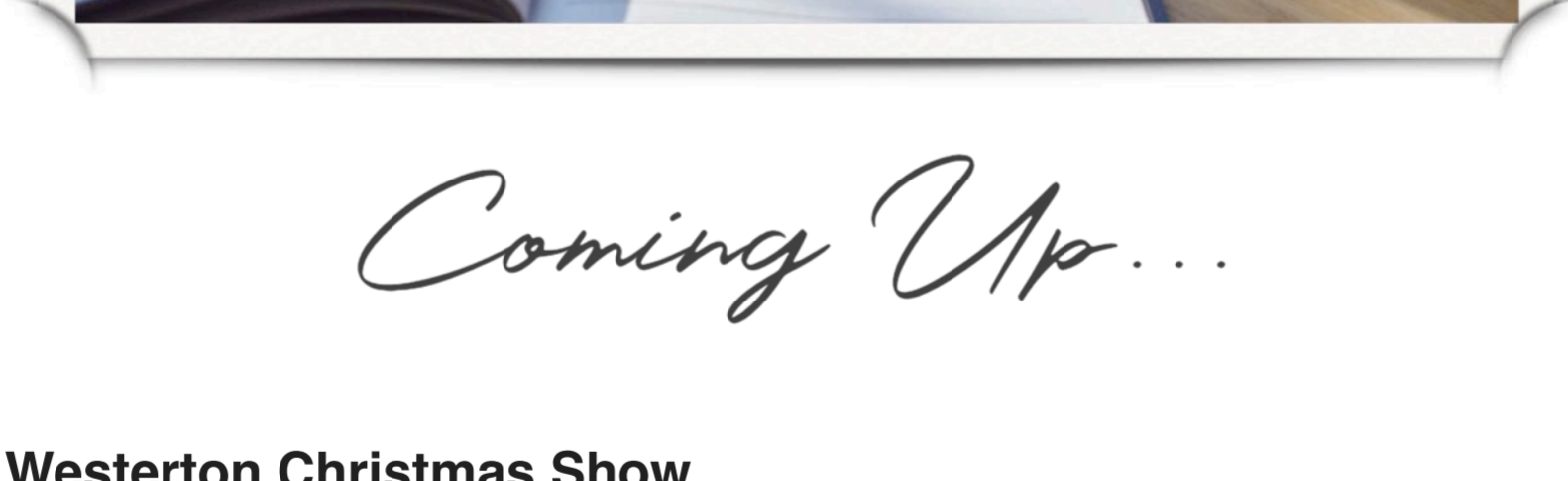
The forum welcomes all relatives/ carers of care home residents in East Dunbartonshire. This is a great opportunity to meet other relatives/ carers, share experiences and ask questions!

Education is also provided by the Care Home Support Team (East Dunbartonshire HSCP) on a range of different topics relevant to care home residents such as palliative care, nutrition, dementia and finances.

The forum meets every two months on a Monday at 10.30 – 12pm in the Leven room at Woodhill Evangelical Church in Bishopbriggs. Speak to our Reception team for details of the next meeting.



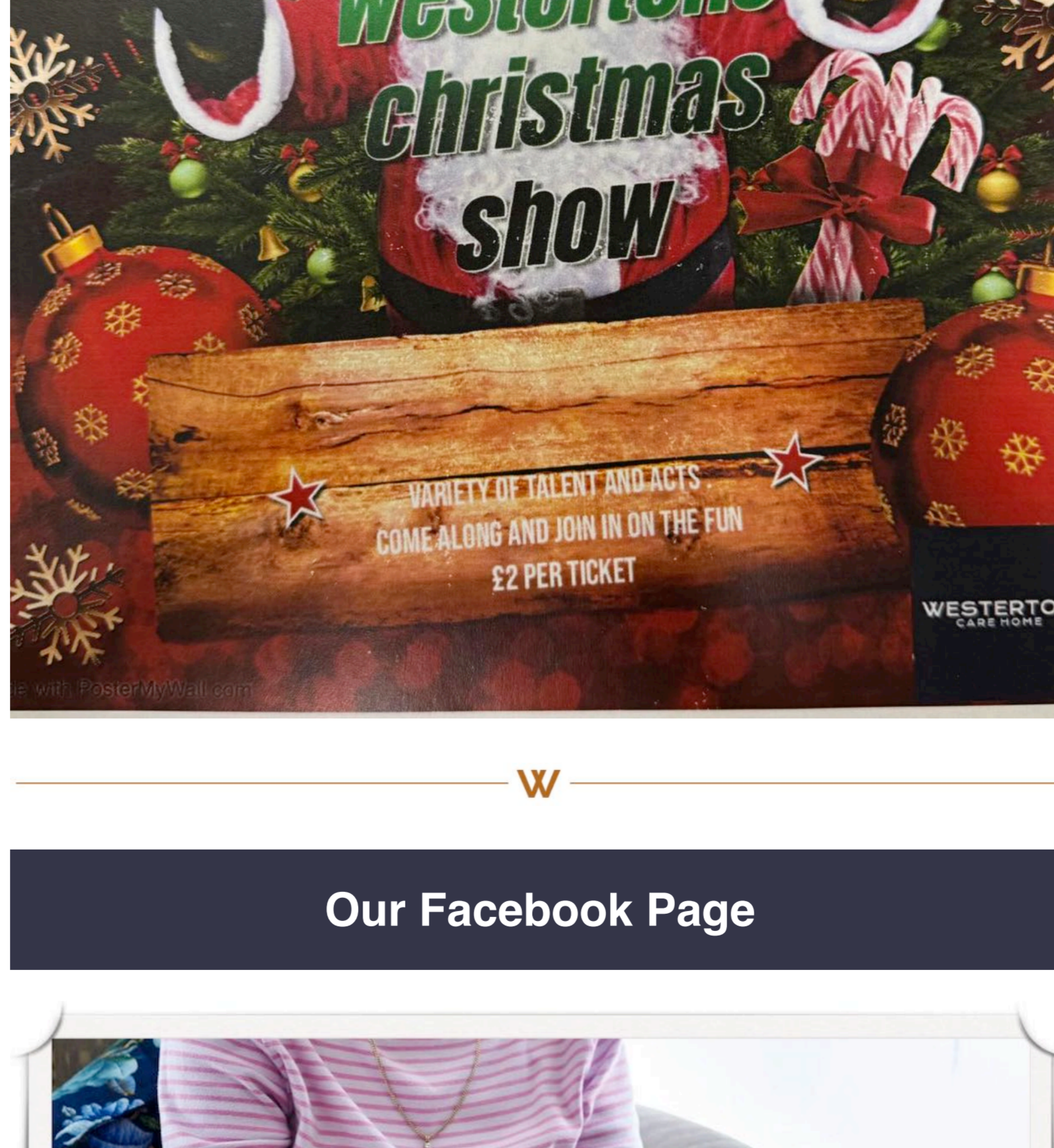
Dates For The Diary



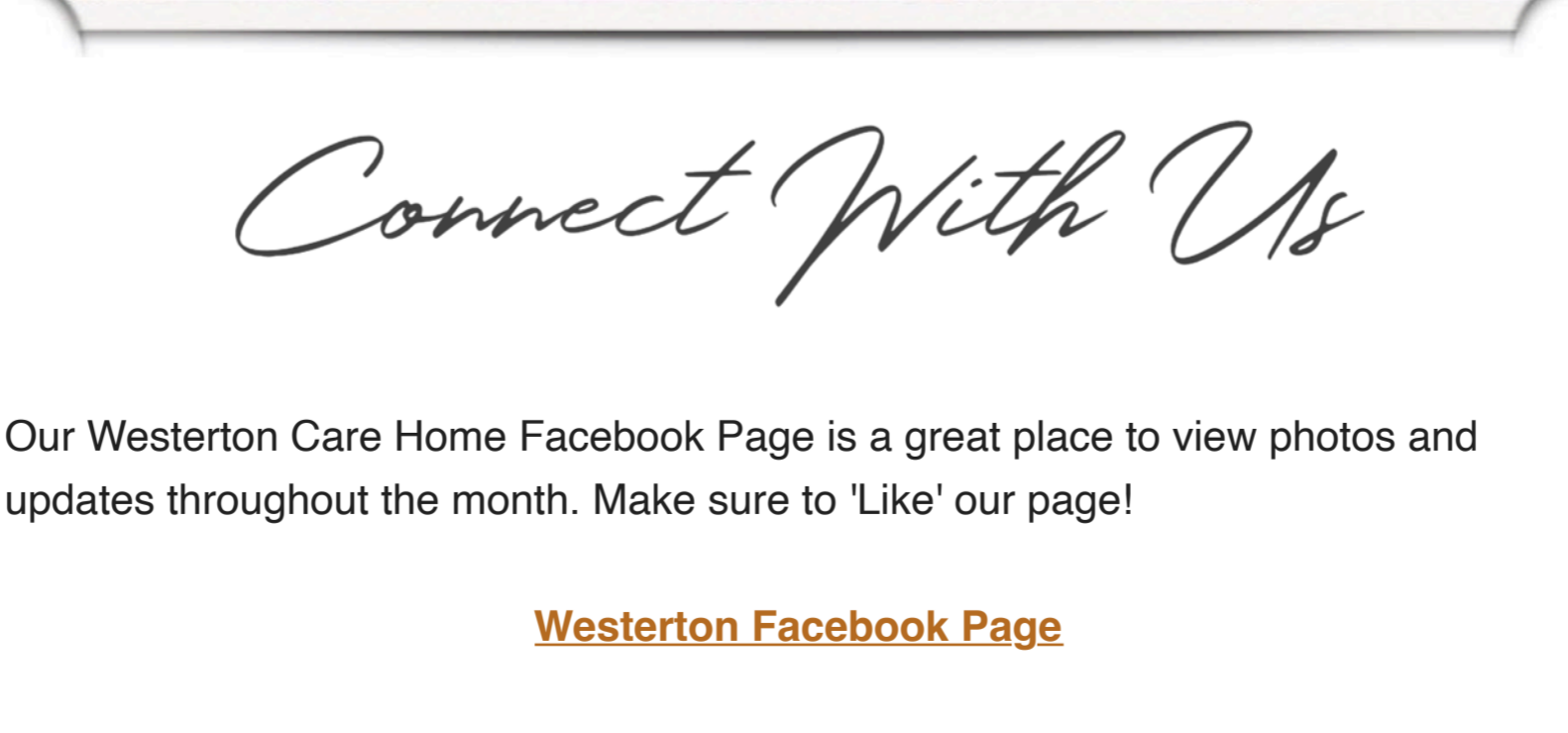
Coming Up...

Westerton Christmas Show

We would love to see you all there!
If you have a talent and wish to enter the competition, please speak to a member of activities team. Tickets are on sale from reception or a member of the activity team.



Our Facebook Page



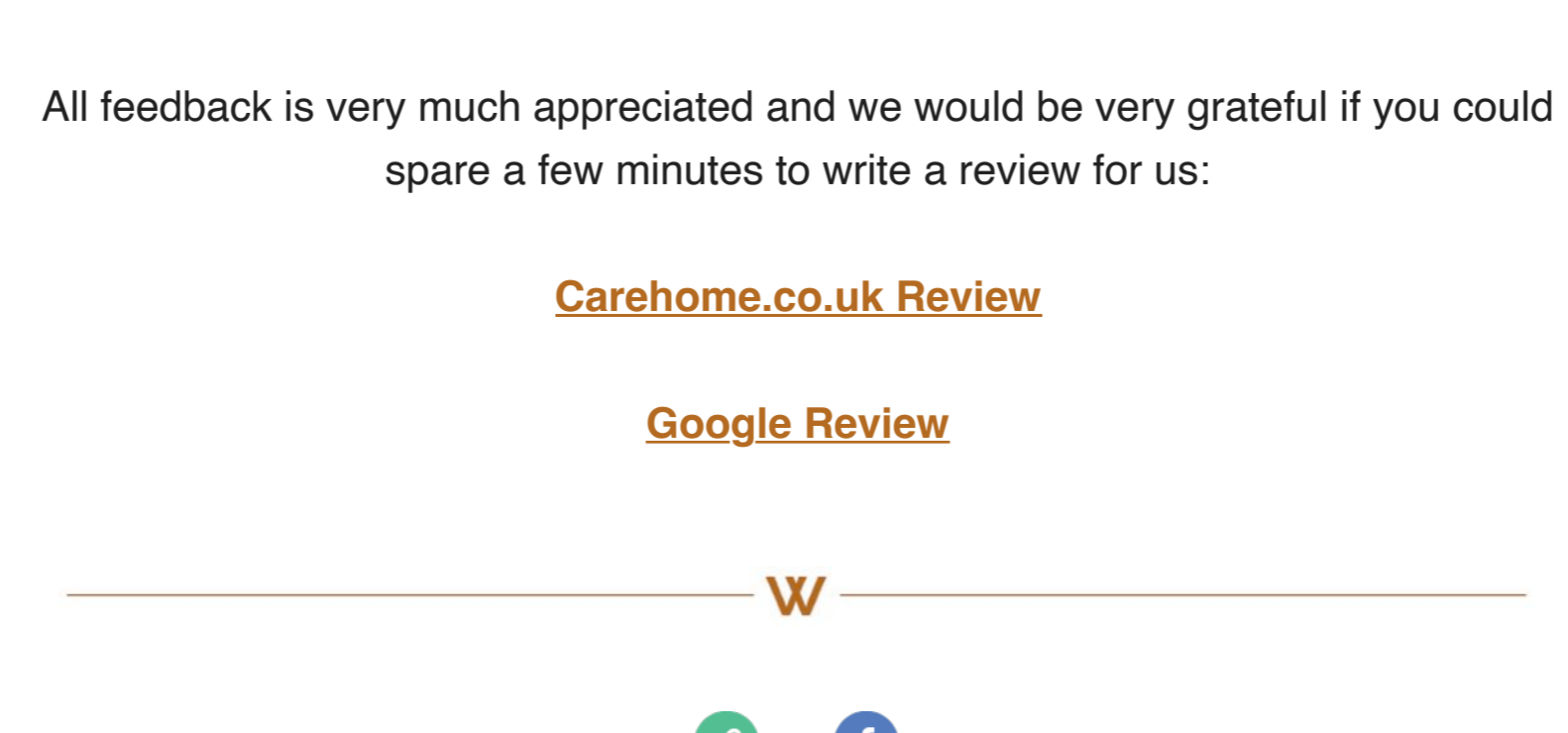
Connect With Us

Our Westerton Care Home Facebook Page is a great place to view photos and updates throughout the month. Make sure to 'Like' our page!

[Westerton Facebook Page](#)



Review Us



Your Thoughts Matter

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Review](#)

[Google Review](#)



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