

## A WARM WELCOME TO OUR WINTER 2023/24

# Quarterly Newsletter



## Manager's Introduction

It brings us great pleasure to welcome you to our latest newsletter! As we witness the first snowdrops in bloom and the daffodils now peeking through the ground, it reminds us that winter is soon to be behind us. We are filled with warmth and enthusiasm as we anticipate longer and lighter days ahead.

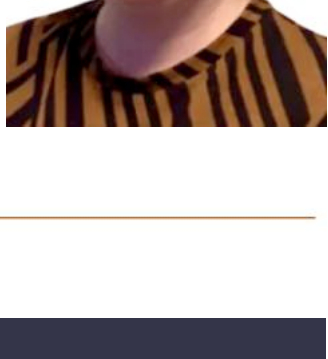
While we wait for the spring, we are making the most of all that we have to offer indoors, and outdoors on the milder days. We've planned a range of exciting events that will not only bring us joy but also keep us mentally and physically active. We invite you to join us as we delve into all the ways we've been living life to the fullest.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

*Heather*  
**Heather Lundie**  
Home Manager

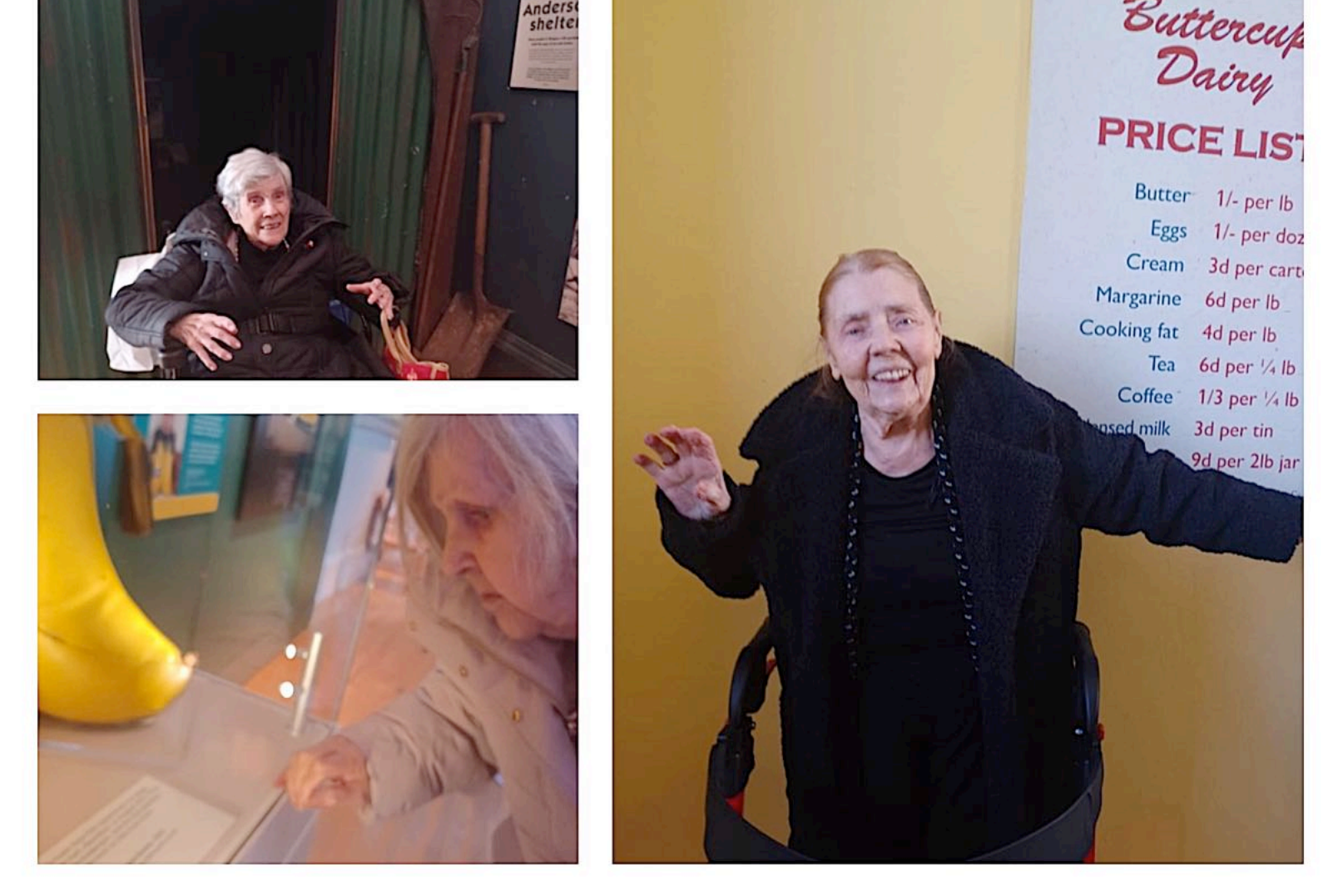


## Outings

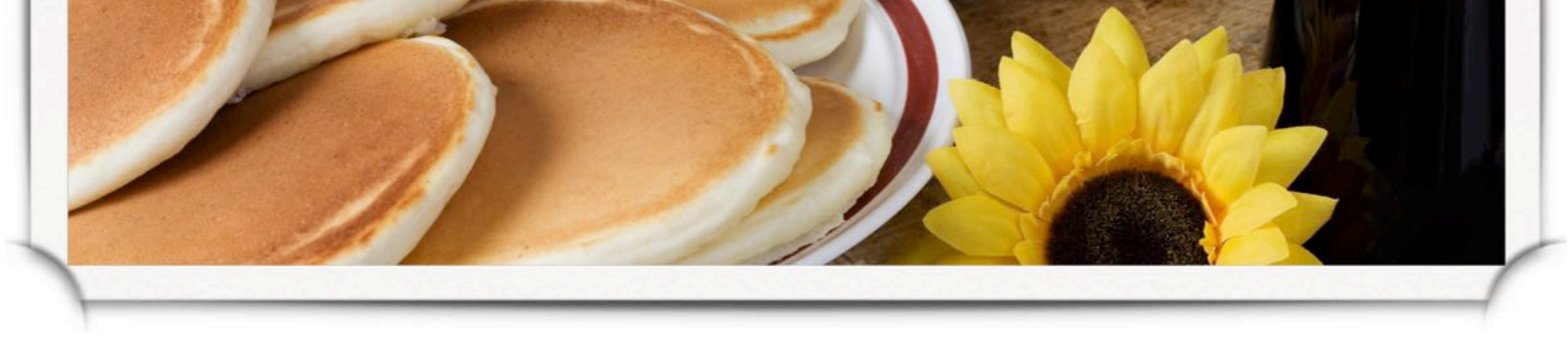


## Good Times

Our residents have been having a great time out and about on our new bus. From visiting museums to enjoying scenic drives, the bus has been a great addition to our activities. One of our most memorable outings was to the transport museum, where we spent hours reminiscing about the different trains, cars and trams. The visit to the People's Palace was also a hit among our residents.



## Pancake Tuesday



## Tasty Treats

Shrove Tuesday, also known as Pancake Day, was celebrated with delicious pancakes. Our residents did an amazing job of choosing delicious pancake toppings to create their ultimate pancake to enjoy with a cup of tea. Who doesn't love pancakes?



## Valentine's Day



## Love Is In The Air

On Wednesday 14th February, we celebrated Valentine's Day with great enthusiasm. Love was certainly in the air as our residents enjoyed Valentine's Day with their loved ones. We hosted special couples lunches and dinners that were greatly enjoyed by all.



## Flower Arranging



## Happiness is...

We try to cater for all social interests and try new activities. We had a lovely session flower arranging. A group of ladies came together and created some beautiful arrangements that were then put on display around the home.

We can't wait for the warmer weather to arrive so we can get back into the garden and plant our own flowers and vegetables again.



## Relatives' Meetings



### Relatives' Meetings: Stay Connected with Your Loved Ones

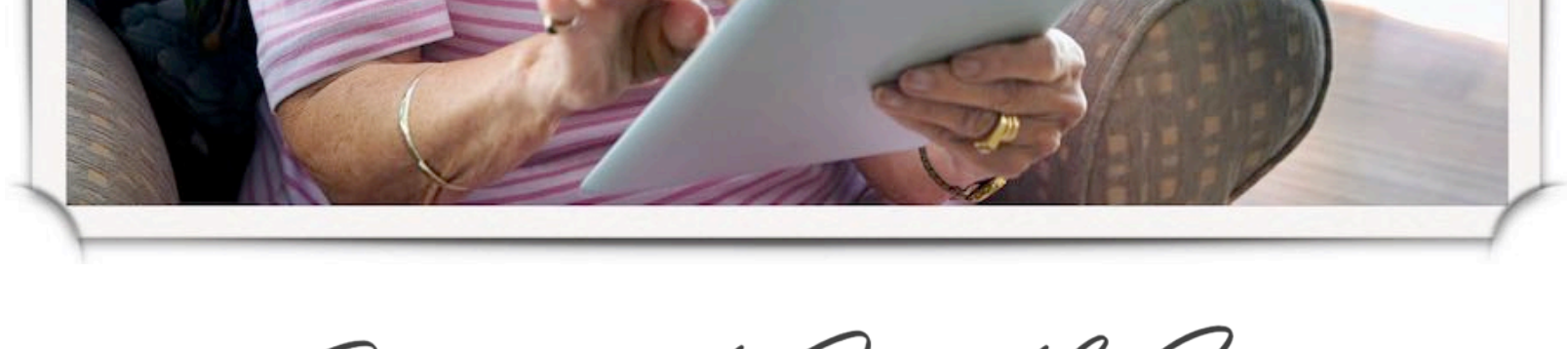
We understand the importance of staying connected with loved ones, and that's why we have organised regular relatives' meetings. These meetings provide an opportunity for relatives to meet with our staff and learn more about our facilities and services. We encourage all relatives to attend these meetings to stay informed and connected.

**Relatives' Meetings:**  
Thursday 4th April 3 - 4pm  
Wednesday 24th July 3 - 4pm

A Microsoft Teams link can also be provided. If relatives wishing to join via Microsoft Teams can get in touch the day before the meeting to request the link. Please send an email to [info@westertoncarehome.com](mailto:info@westertoncarehome.com)



## Our Facebook Page



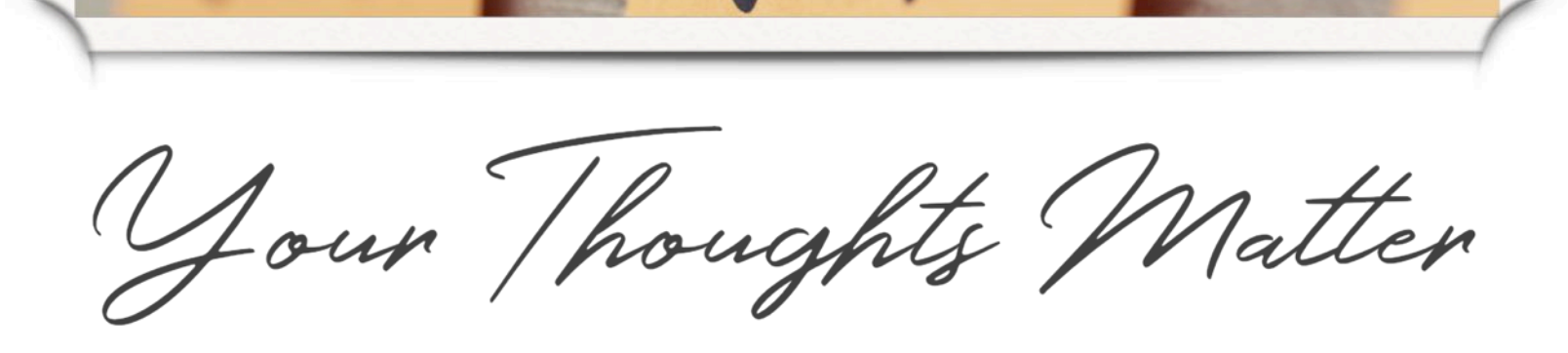
## Connect With Us

Our Westerton Care Home Facebook Page is a great place to view photos and updates throughout the month. Make sure to 'Like' our page!

[Westerton Facebook Page](#)



## Review Us



## Your Thoughts Matter

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Review](#)

[Google Review](#)

