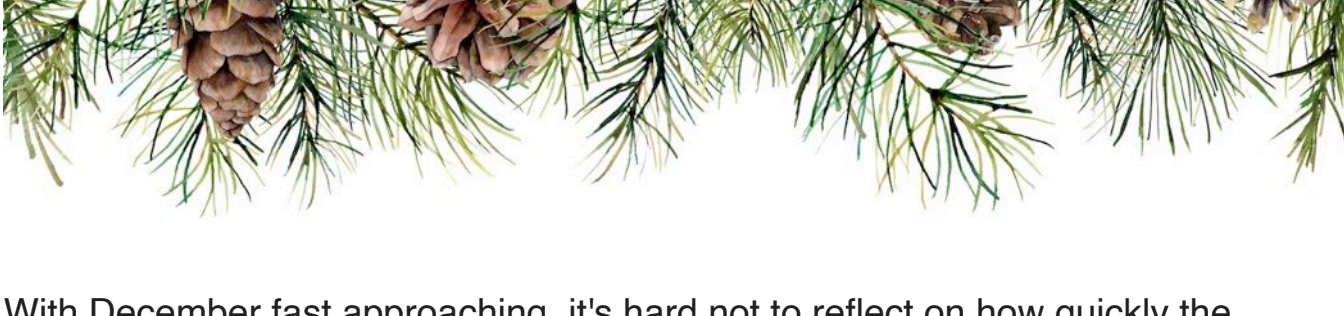




Welcome To Our Newsletter



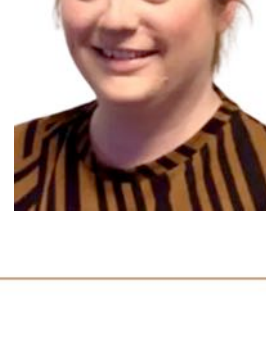
With December fast approaching, it's hard not to reflect on how quickly the months have passed by. Amongst all the exciting and festive events that take place at this time of year, it is important to pause and appreciate the little moments. So, sit back and read all about our recent happenings, activities and celebrations.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

Heather
Heather Lundle
Home Manager



Celebrating Halloween

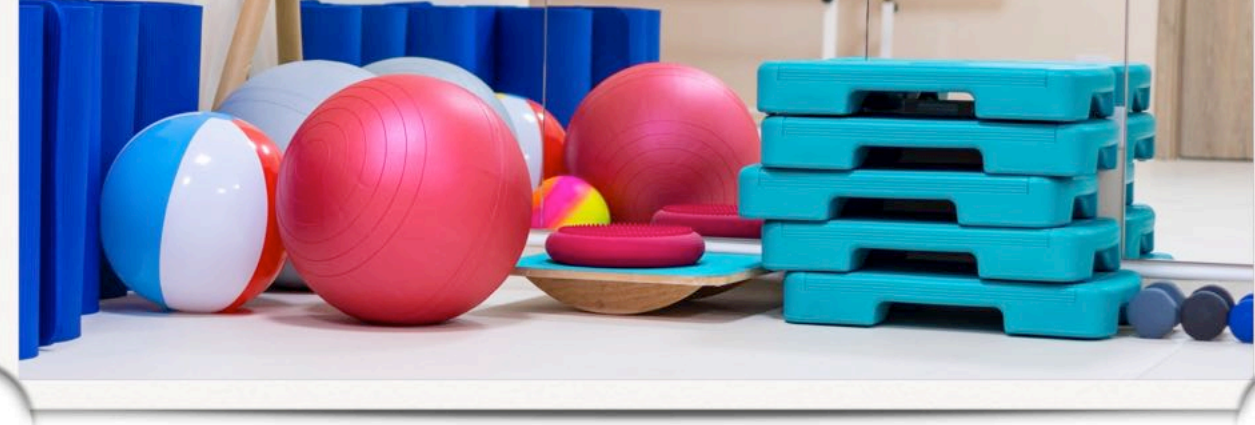


Spooky Season!

Westerton Care Home has been in a festive mood lately, celebrating Halloween with full enthusiasm. From decorating the home to dressing up and throwing a party, residents and staff alike have had a great time.



CAPA: Focusing on Physical Activity



Staying Active

At Westerton Care Home, physical activity remains a key focus area, and residents have been enjoying playing badminton as part of their fitness routine. The Care About Physical Activity (CAPA) initiative remains instrumental in encouraging residents to maintain an active lifestyle.

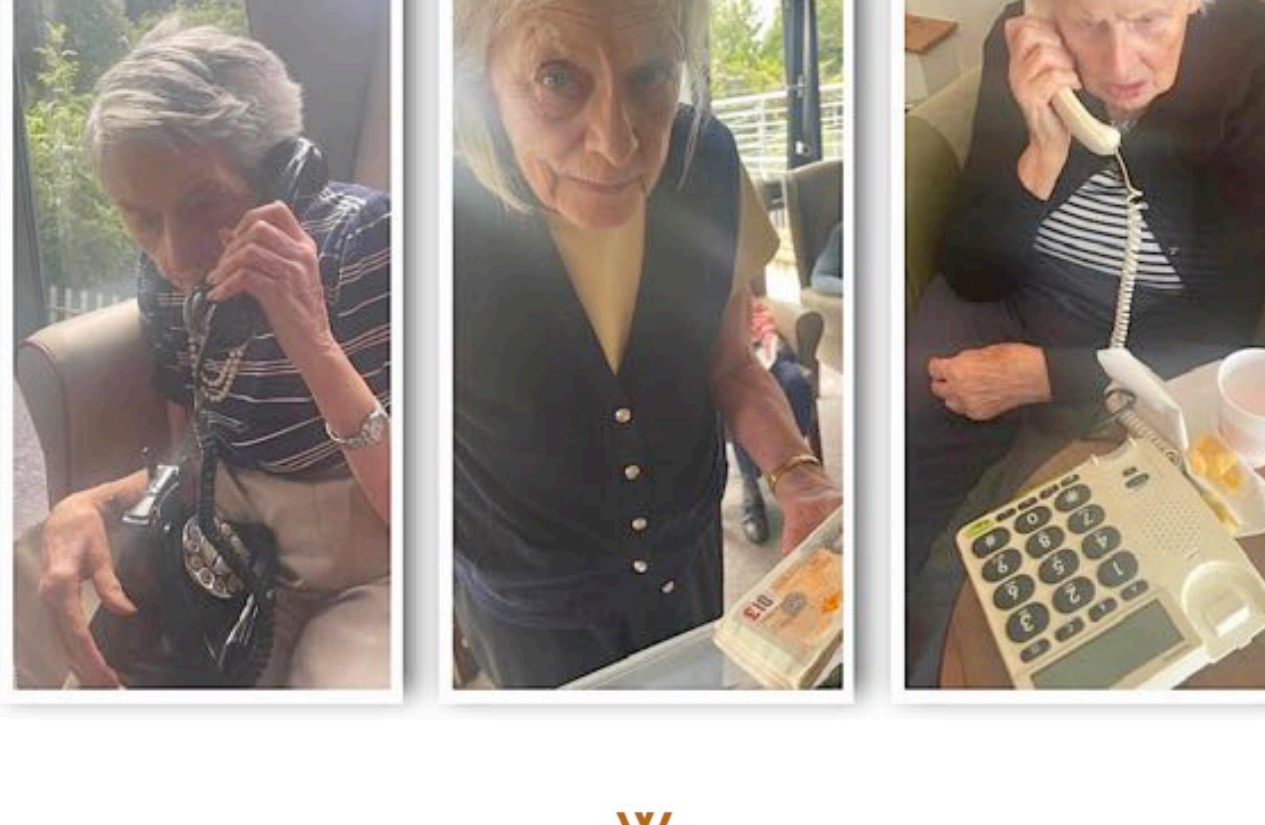


Memory Joggers



Treasured Memories

Memory Joggers are a regular part of the activities programme at Westerton Care Home. These activities are designed to help residents improve their cognitive abilities and stimulate their minds. The staff at Westerton Care Home ensures that these activities are engaging and tailored to the residents' interests.



Relatives Corner



Dates in the Diary

Keeping families connected is an essential part of the resident's well-being. Westerton Care Home understands this and schedules regular relative's meetings. The dates for the next relative's meetings are as follows:

Wednesday 24 January 2024 at 3.30pm
Thursday 4th April 2024 at 3.00pm

All relatives are welcome to attend and provide their feedback and suggestions.



Staff News



Well done!

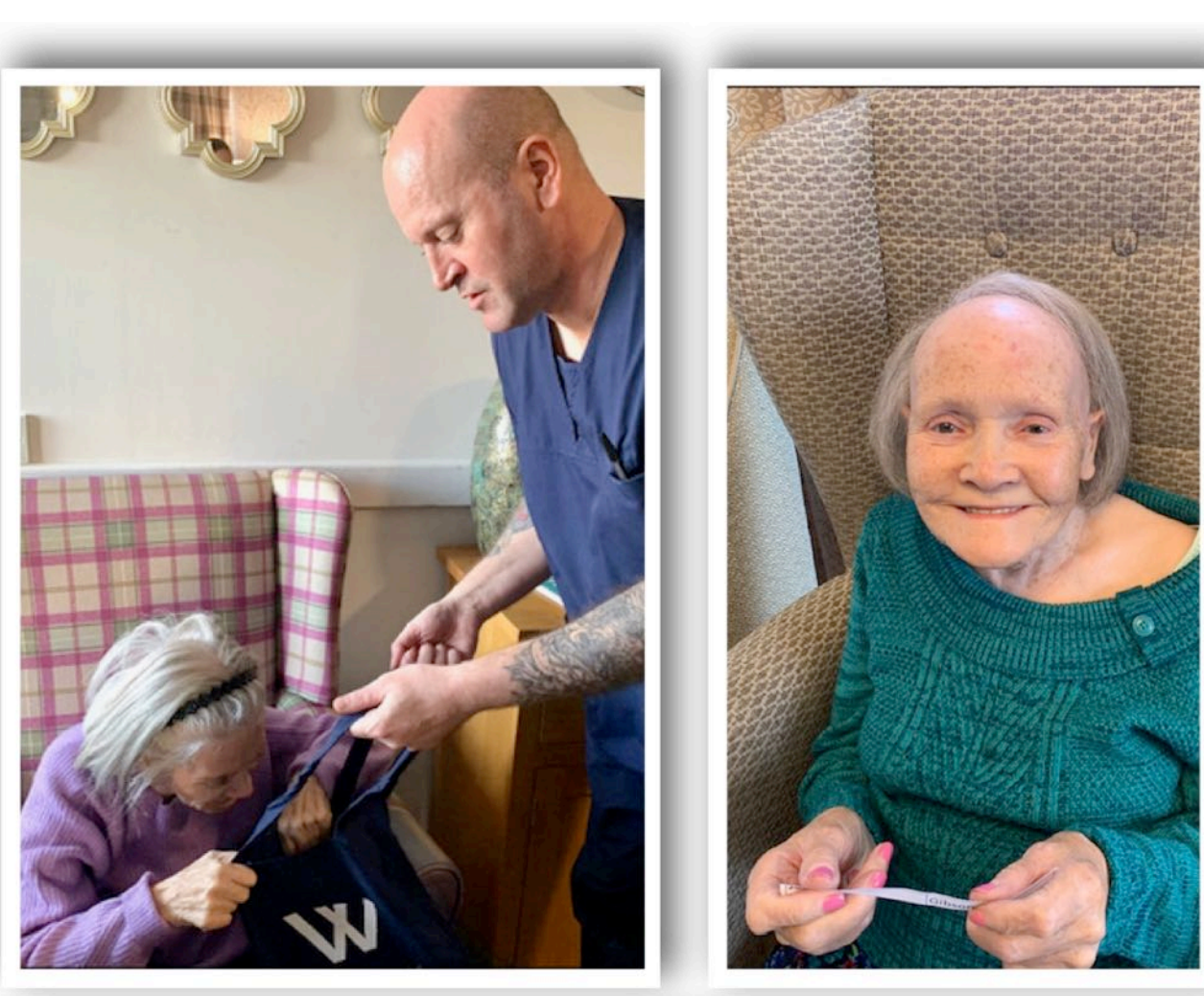
Company Values Awards

At Westerton Care Home, we have a wonderful team of staff members and we appreciate every member's contribution. Recently, Chidiebere and Tracey won the Company Values Awards and we congratulate them on their achievement.

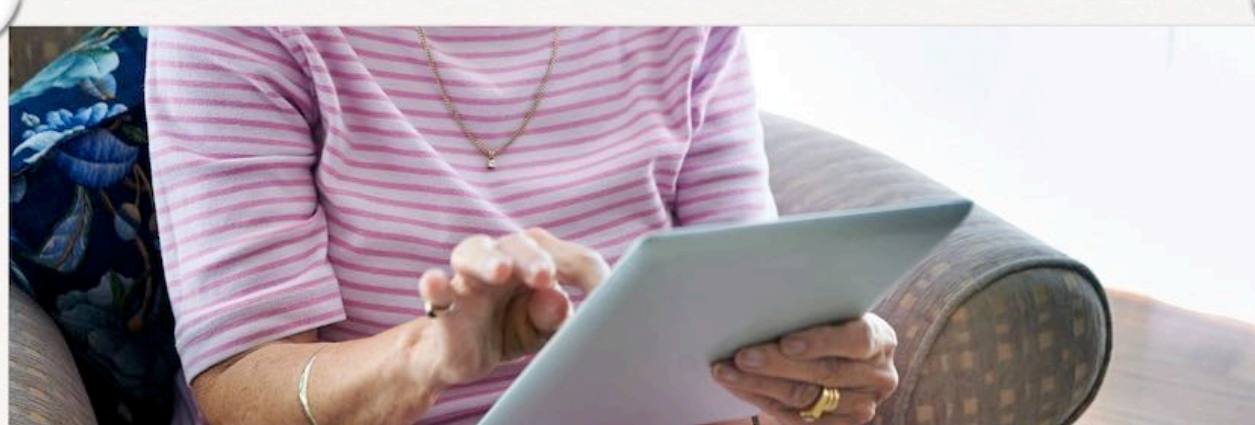


Staff Appreciation Hampers

Our residents also drew the names of two lucky winners for our staff appreciation hampers - Liz and James. Congratulations to both!



Our Facebook Page



'Like' us!

Our Westerton Care Home Facebook Page is a great place to view photos and updates throughout the month. Make sure to 'Like' our page!

[Westerton Facebook Page](#)



Review Us



Your Thoughts Matter

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Review](#)

[Google Review](#)



Produced by ChiChat Marketing Ltd.

Copyright © 2023 Westerton Care Home (Westerton Care LLP. Company Number: OC364350). All rights reserved.

Want to change how you receive these emails?
You can update your preferences or unsubscribe from this list