



## Welcome To Our Newsletter



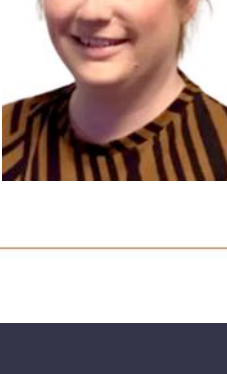
A warm welcome to our latest newsletter for September 2023. As autumn sets in, the leaves on the trees are starting to show their beautiful new colours, marking the start of the new season. We are thrilled to share with you all the latest happenings and updates in our home.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Form](#)

Best wishes,

*Heather*  
**Heather Lundie**  
Home Manager



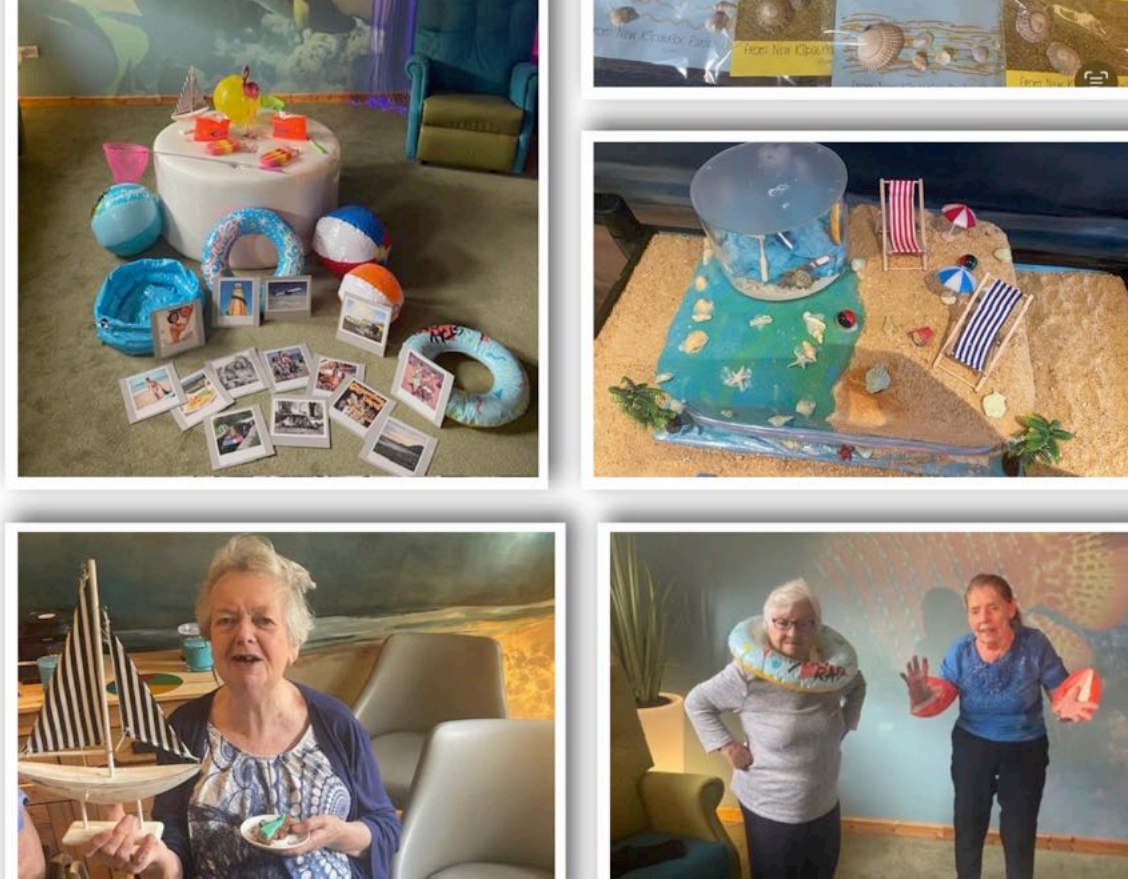
## Beach Day Fun



## Plenty of Laughs!

To celebrate "Oomph" National Beach Day we had a beach-themed party in the home with arm bands, rubber rings, pictures to reminisce and our projector showing under-the-sea themed images. Our kitchen also created a lovely beach-themed cake.

It was a time of reminiscing about the times when the residents enjoyed spending holidays or day trips at the beach and we shared many happy memories.



## Trip to Largs



## Fish Suppers!

We have experienced great days out when the weather was nice in our minibus. It is great being outdoors in both groups or individually.

Residents enjoyed a trip to Largs in the nice weather for some fish and chips and an ice cream. You cannot get better than sitting on the prom looking out on the beautiful Clyde, taking in the fresh air and sunshine.

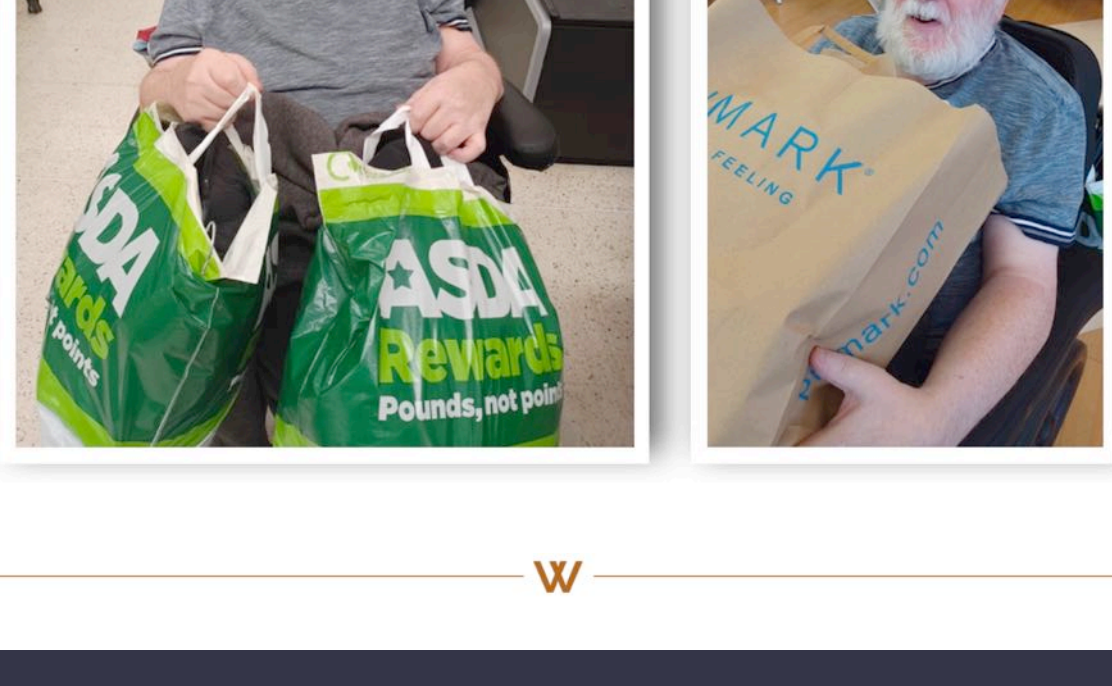


## Shopping Trip

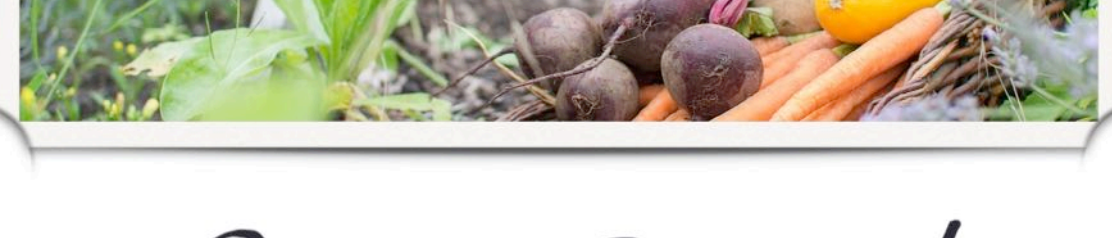


## Retail Therapy

Alan enjoyed a successful shopping spree. It is always fun to be able to get some retail therapy.



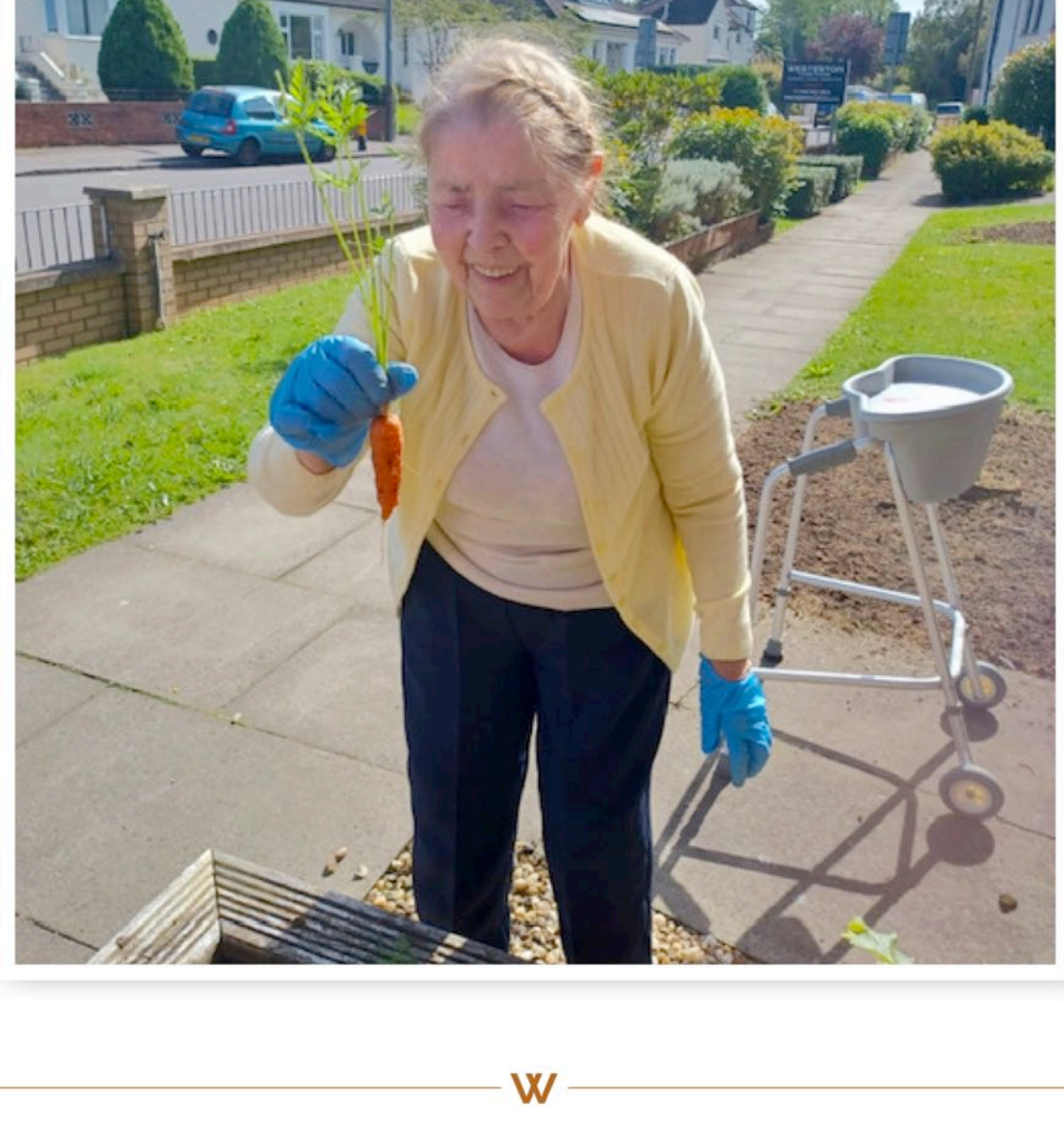
## Garden Success



## Green Fingers!

Our home has resident volunteers who love gardening and have been helping with planting vegetables in containers. This will ensure that we have a homegrown supply to enjoy fresh with our meals.

We are happy to report that the vegetable garden is growing well and we recently harvested some carrots.



## Staff Update



## Warm Welcome

We would like to welcome Lesley Fisher to Westerton, Lesley has joined as Deputy Manager bringing a wealth of Clinical and Managerial experience. Lesley is also a Dementia Champion. We look forward to working with you.



## Relatives Meetings



## Dates in the Diary

Dates for the next Relatives Meetings:-

- Wednesday 25 October 2023 at 6.30pm
- Wednesday 24 January 2024 at 3.30pm



## Our Facebook Page



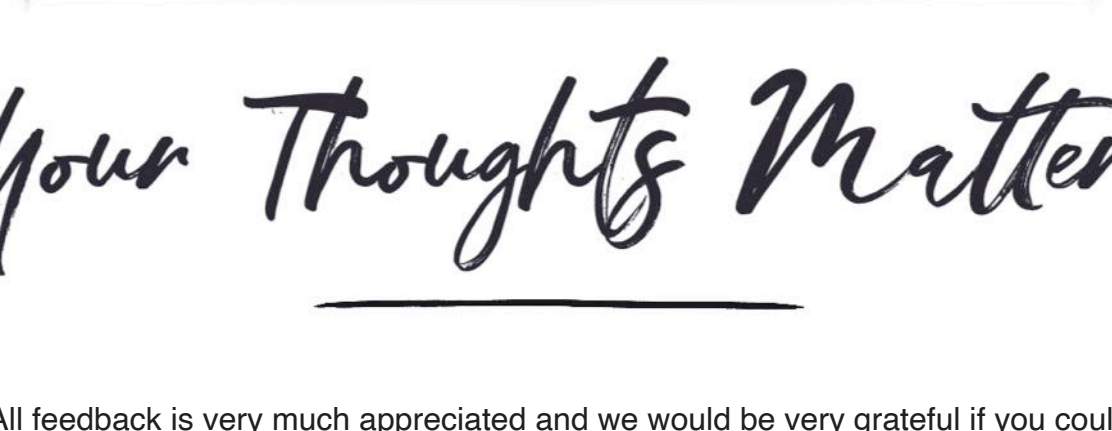
## 'Like' Us!

Our Westerton Care Home Facebook Page is a great place to view photos and updates throughout the month. Make sure to 'Like' our page!

[Westerton Facebook Page](#)



## Review Us



## Your Thoughts Matter

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Review](#)

[Google Review](#)



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