

**WESTERTON**  
CARE HOME

## Welcome To Our Newsletter



The glorious colours and crisp days of autumn are beautiful to behold. We are keeping warm and cosy and making the most of each day inside or outside as much as we are able. We have been busy with lots of activities and events, keep reading to find out all about...

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

**[Sign-Up Form](#)**

Best wishes

**Sarah Speirs**  
Regional Support Manager



# ABC Boxing Gym

*Good Times!*

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Our gentlemen have been having fun with their monthly training at the Boxing Gym. A massive thank you to North Glasgow ABC Boxing for all their help and support. It really is great to see the residents engaging in the community, having fun and exercising like in the good old days.

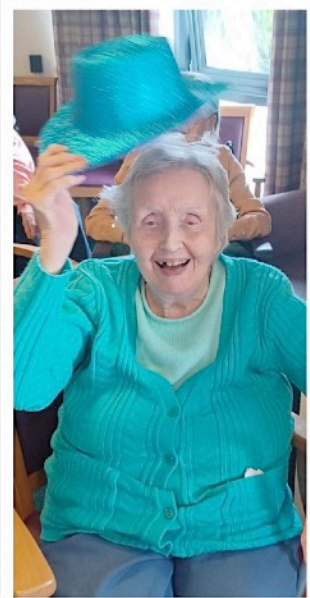


# Live Entertainment

## *Musical Afternoon*

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We had a fantastic singer pay us a visit for some live entertainment. Events like this are always greatly enjoyed by residents and staff alike.



# Making Friends

## Warm Welcome

Residents from one of our sister homes have been enjoying coming to Westerton for a movie afternoon down at the cinema. We have loved welcoming them and making new friends.



# Halloween Preparations

## Spooky Season!

Halloween is right around the corner, so we have been busy creating decorations for around the home. Watch this space for photos of our pumpkin competition that we have planned for later in the month - we can't wait!



# What's Been Happening?

*Happiness is...*

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## A Good Blether

Happiness is... Spending time with friends in the Westerton Café, putting the world to rights!



## Knitting Bee

Some of our residents enjoy spending time knitting, what's better than working on your knitting project with your friends?



## Paper Run

We got our coats and blankets on and headed out to collect the papers. You can definitely start to feel the cold mornings creeping in!



# Our Facebook Page

Our Westerton Care Home Facebook Page is a great place to view photos and updates throughout the month. Make sure to 'Like' our page!

[Westerton Facebook Page](#)

# Review Us

All feedback is very much appreciated and we would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Review](#)

[Google Review](#)

