Combining quality care, friendship and independence

WESTERTON CARE HOME

RESIDENTIAL | DEMENTIA NURSING | RESPITE CARE *Relax.* There's always time for a chat, cuppa and cake in our café bar



Westerton is a luxury nursing home which offers residents and their families unrivalled levels of support, comfort and standards of care

At Westerton, you can have the best of everything - a warm welcome awaits!

Purpose built in 2012, Westerton Care Home offers everything you would expect from a luxury care home and more – the attention is definitely in our detail.

Situated in the leafy suburbs of Bearsden, Glasgow and spread across three floors with floor to ceiling views of Glasgow and the Old Kilpatrick Hills, Westerton offers excellent standards of Nursing, Residential, Dementia and Respite Care.

In 2018 we added a new state-of-the-art wing which allowed us to offer a variety of additional facilities including 19 beautifully decorated en-suite bedrooms, a hairdressing salon, spacious cinema where you can enjoy the classics, bar and bistro, sensory room, extended parking and an enviable outdoor space.

Surrounded by landscaped gardens, the home also boasts its own putting green and patio areas (over two levels), which can be enjoyed all year round. We believe Westerton should feel like your home which is why we have something to cater for all tastes.







When it comes to care, which we understand is a number one priority for our residents and their families, our passionate and experienced staff provides a holistic approach. We are proud to offer a comprehensive service with the personal touch from your first enquiry.

Being situated in Bearsden means we are within easy commutable distance into Glasgow City Centre by train or car. The nearest train station (Westerton) and bus stations are only a 10 minute walk away. However, many residents make use of our mini bus enjoying regular trips to places such as the shops, seaside or museum.

At Westerton there is no shortage of fun things for residents to do and the days pass quickly. Our team of Activities Co-ordinators offer everything from arts and crafts, chair yoga, playing darts or skittles to listening to music, chilling with a "golden oldie" in the cinema room or enjoying a manicure or massage.

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Life at *Westerton* is warm, welcoming and wonderful

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If you're looking for a care home that provides first class nursing care as well as luxury facilities, delicious meals and a wide range of activities to enjoy, Westerton Care Home is the place for you.

Westerton is a bright and spacious home that offers 100 single and en-suite rooms. Each one of our rooms has been tastefully decorated and furnished to the highest standard to include a nurse call unit, temperature controlled gas central heating, telephone port and flatscreen TV.

At any time, there is something wonderful going on in one of our many lounge areas every morning, afternoon and evening which means making friends is easy.

Our family values are underpinned by offering our residents the best possible experience as we appreciate the move to our care home will most likely be a major change for everyone, but at Westerton we plan to ensure it's an easy transition.

We have carefully designed our home with facilities to promote health, safety and happiness, making the most of everyday.

Other than protected meal times, we have an open door policy and your family and friends are welcome at any time of day.

Prior to admission, our Home Manager will be delighted to have a full consultation with you, to discuss your needs and requirements, and tell you more about life at Westerton.

- Fine Dining
- Bar & Bistro
- Hair Salon
- Terraced Gardens
- Mini Bus
- Nurse Call System
- Activities Programme
 WiFi
- Home Baking & Afternoon Teas
- Modern En-Suite Bedrooms

Cinema RoomPutting Green

On-Site Chefs

Private Dining

- Lift Access
- Library



Recapture those magic movie moments from yesteryear

Some Frequently Asked Questions

What is the care like at Westerton?

The well-being of our residents is our top priority. You'll be assigned a Primary Care Nurse, who will discuss and assess your needs, as well as develop a Person Centred Plan and monitor and review your care. All our staff (who wear badges identifying them by name and designation) are chosen for their experienced, friendly and caring attitude.

How will you help me settle in?

Settling in to your new home is very important to us. Within your first 24 hours you will have met with your dedicated staff member, discussed your care plan and any particular requirements you may have.

What is the food like?

Our in-house Chefs and Kitchen Staff cater for all dietary requirements, providing a full menu choice for breakfast, lunch and dinner. You can enjoy a meal together with relatives and friends if you wish - celebrating those special moments together.

Meals can be provided either in the dining room or in your own room if preferred. After the evening meal, sandwiches, toast, yoghurts and fresh fruit are available all night. In addition to this, beverages and snacks are served throughout the day in the lounge areas.

What activities are on offer at Westerton?

We have Activities Co-ordinators who encourage residents to take part in group activities and events. They'll also spend time one-to-one with you and encourage any hobby or reminiscence sessions and shopping trips. Individual therapeutic treatments can also be arranged to suit your needs.

What services does Westerton offer?

As we have an independent professional hairdresser and a fully equipped hair salon, we offer a weekly service for all residents. Whether it's a weekly shampoo and set or a short back and sides that's required, we believe a little pampering goes a long way to enhancing your quality of life.

Aromatherapy, physiotherapy, chiropody and podiatry appointments can also be arranged on request.

We welcome all calls and enquiries – so please get in touch today if you would like to arrange a private tour of our facilities and meet our experienced team.

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We'd *love* to hear from you

www.westertoncarehome.com

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